

**Tennessee Valley Surgery Group, P.C.**

1751 Veterans Drive, Suite 125

Florence, AL 35630

Office (256) 766-0150

Fax (256) 764-4638

www.tvsgp.com

**COLONOSCOPY INSTRUCTIONS FOR NORTH AL MEDICAL CENTER**

**BE IN ENDOSCOPY AT \_\_\_\_\_ A.M.**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

You will need to pick up your NULYTELY prep at any drugstore. You will need to stay on clear liquids all day on \_\_\_\_\_. At 12:00 (NOON) start drinking your Nulytely prep, 8 ounces every 20 minutes until your container is empty. Then drink 8 oz's of clear liquid every hour until 10:00 p.m. You may drink liquids until midnight if you wish and then nothing until after your procedure. You can brush your teeth the following morning, but do not swallow any water and do not take any medications before going for your procedure, no gum or breath mints.

**1. DO NOT TAKE ANY ASPIRIN PRODUCTS OR ARTHRITIS MEDICATIONS 7 DAYS PRIOR TO YOUR PROCEDURE: (YOU MAY TAKE TYLENOL)**

STOP ASPIRIN ON: \_\_\_\_\_

STOP COUMADIN ON: \_\_\_\_\_

STOP MOBIC ON: \_\_\_\_\_

STOP PLAVIX ON: \_\_\_\_\_

2. Someone needs to come with you morning of your procedure to drive you home, because the medication you receive will impair your ability to drive. If you do not have a driver or someone to stay with you, your procedure will be rescheduled.
3. If you have any problems with your prep, call the office at (256)766-0150 and ask to speak with your doctor's nurse: \_\_\_\_\_. She will be able to help you with any questions or problems you may have.
4. Someone from NAMC Pre-Registration will call you three to five days before your procedure. You will need to have your health insurance cards available. YOU MAY REGISTER ONLINE AT <https://namccares.com/patients-families/registration/> Also take your health insurance cards and picture identification with you to be copied at the hospital. If you have not heard from Pre-Registration by the third day you may contact them at one of the numbers listed below: A-E: 256-768-8028 F-K: 256-768-8280 L-P: 256-768-8095 or R-Z: 256-768-8038
5. PLEASE BRING A LIST OF MEDICATIONS WITH NAME, DOSAGE AND HOW OFTEN YOU TAKE THEM WITH YOU TO HOSPITAL.